



## Tips on Delivering the Cup Song in Class

Hello Everyone,

Please find enclosed my plans to deliver the Cup Song as part of a half term project on internal pulse and rhythm with an able year 3 class. I'm sure you will have more creative/inspirational teaching techniques but here is a start for you. I've included YouTube links and downloaded images to reduce your planning time too. There are attachments to peruse too.

Happy tapping, clapping and of course warbling!

Ruth Roberts



## Recommended YouTube Links:

A good vocal sing-a-long:

[www.youtube.com/watch?v=5saUhSAPbbU](http://www.youtube.com/watch?v=5saUhSAPbbU)

Teach Yourself Tutorial:

[www.youtube.com/watch?v=bmFe7SV4Llo](http://www.youtube.com/watch?v=bmFe7SV4Llo)

Teach The Pupils Tutorial:

[www.youtube.com/watch?v=xObvs6JnxLU](http://www.youtube.com/watch?v=xObvs6JnxLU)

A Bit of Background:

<http://www.midnightmusic.com.au/2013/09/the-complete-guide-to-the-cup-song>

Good Introduction:

[www.youtube.com/watch?v=09Y5QrB2VwI](http://www.youtube.com/watch?v=09Y5QrB2VwI)

## “The Cup Song” Instructions

For this technique you need a plastic cup (red solo cups work well but any plastic cup will do). It sounds the best if you do it on a surface with fabric on it.

1. Start with the cup sitting upside down on the table.
2. Clap your hands 2 times.
3. Hit the bottom of the cup 3 times (Right, Left, Right).
4. Clap your hands 1 time.
5. Pick up the cup and set it down.
6. Clap your hands 1 time.
7. Turn your left hand over to pick the cup up.
8. Hit the top of the cup with your right hand.
9. Hit the bottom edge of the cup onto the table.
10. Switch the cup from your left hand to your right hand.
11. Tap the table with your free left hand.
12. Place the cup down with your right hand.

Repeat until the song is over.



Week	Lesson Outline	Music Language Cues
1	Focus activity game using internal pulse. Charanga Toolkit: Pulse and rhythm definition. Show Introduction Video. Discuss skills needed to perform accurately. Read through lyrics. My turn/your turn melody line. Practise/perform to ticking pulse Practise/perform to clap slap Very slow introduction to cup pattern	Pattern Pulse Rhythm Lyrics Listen Together Watch Anticipate
2	Perform and assess improvement of focus activity game using internal pulse. Discuss and remember Charanga Toolkit: Pulse and rhythm definition. Read through lyrics. Perform and assess improvement of: My turn/your turn melody line. Practise/perform to ticking pulse Practise/perform to clap slap Slow to cup pattern	Pattern Pulse Rhythm Lyrics Listen Together Watch Anticipate Phrase Off we go
3	New focus activity game using internal pulse. YouTube Cup Tutorial. Practise/perform to ticking pulse Small group practise Half watch/half perform Sing song all way through, assess & improve Practise rhythm to recording, explaining how to catch up if mistakes happen and recognising the pattern. Discuss homework tips.	Pattern Pulse Rhythm Lyrics Listen Together Watch Anticipate Phrase Off we go
4	Perform and assess improvement of focus activity game using internal pulse. YouTube Cup Tutorial. Practise/perform to ticking pulse Small group practise Perform and assess improvement of: Half watch and sing/half perform cups Sing song all way through, assess & improve Practise rhythm to recording, explaining how to catch up if mistakes happen and recognising the pattern.	Pattern Steady Pulse Rhythm Lyrics Listen Together Watch Anticipate Phrase Off we go
5	Focus activity to encourage watching start and stop. Prepare for recording: Discuss class progress and preferences. How have musical skills improved and what we need to achieve successful recording. Celebrate individual or small groups singing or cup performance. Perform number of times song in entirety with singing and cup alternating groups. Introduce marble jar teacher performance challenge.	Strop Start Watch Steady pulse Pattern Rhythm Verse Chorus

6	Focus activity to encourage watching start and stop. Allow time for personal practise. Record audio and video. Get in touch with IT at school for website and upload for class music evidence. Look at other cup projects on YouTube and discuss.	Strop Start Watch Steady pulse Pattern Rhythm Verse Chorus
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## SONG LYRICS:

I got my ticket for the long way round  
Two bottles of whiskey for the way  
And I sure would like some sweet company  
And I'm leaving tomorrow, what do you say

When I'm gone  
When I'm gone  
You're gonna miss me when I'm gone  
You're gonna miss me by my hair  
You're gonna miss me everywhere, oh  
You're gonna miss me when I'm gone

When I'm gone  
When I'm gone  
You're gonna miss me when I'm gone  
You're gonna miss me by my walk  
You're gonna miss me talk, oh  
You're gonna miss me when I'm gone

I got my ticket for the long way round  
The one with the prettiest of views  
It's got mountains  
It's got rivers  
It's got sights to give you shivers  
But it sure would be prettier with you

When I'm gone  
When I'm gone  
You're gonna miss me when I'm gone  
You're gonna miss me by my walk  
You're gonna miss me by my talk, oh  
You're gonna miss me when I'm gone

When I'm gone  
When I'm gone  
You're gonna miss me when I'm gone  
You're gonna miss me by my hair  
You're gonna miss me by my everywhere, oh  
Oh you're sure gonna miss me when I'm gone

When I'm gone  
When I'm gone  
You're gonna miss me when I'm gone  
You're gonna miss me by my walk  
You're gonna miss me by my talk, oh

## You're gonna miss me when I'm gone

### Guitar Chords:

G  
I got my ticket for the long way 'round  
C G  
Two bottle 'a whiskey for the way  
C G  
And I sure would like some sweet company  
C D G  
And I'm leaving tomorrow, wha-do-ya say?

Em  
When I'm gone  
C  
When I'm gone  
G D  
You're gonna miss me when I'm gone  
C G  
You're gonna miss me by my hair  
C G  
You're gonna miss me everywhere, oh  
C D G  
You're gonna miss me when I'm gone

G  
I've got my ticket for the long way 'round  
C G  
The one with the prettiest of views  
C G  
It's got mountains, it's got rivers, it's got sights to give  
you shivers  
C D G  
But it sure would be prettier with you

Em  
When I'm gone  
C  
When I'm gone  
G D  
You're gonna miss me when I'm gone  
C G  
You're gonna miss me by my walk  
C G  
You're gonna miss me by my talk, oh  
C D G  
You're gonna miss me when I'm gone

## Ukulele Chords:

C

I got my ticket for the long way 'round

Am

C

Two bottle 'a whiskey for the way

F

Am

And I sure would like some sweet company

G

C

And I'm leaving tomorrow, wha-do-ya say?

Am

When I'm gone

When I'm gone

F

C

You're gonna miss me when I'm gone

Am

You're gonna miss me by my hair

F

You're gonna miss me everywhere, oh

G

C

You're gonna miss me when I'm gone

C

I've got my ticket for the long way 'round

Am

C

The one with the prettiest of views

F

Am

C

It's got mountains, it's got rivers, it's got sights to give you shivers

G

C

But it sure would be prettier with you

Am

When I'm gone

When I'm gone

# LEARN HOW TO PLAY CUPS

# VULTURE



**1** Clap hands twice.



**2** Hit the table three times.



**3** Clap hands once.



**4** Pick up cup and set it down again on table.



**5** Clap hands once.



**6** Pick up cup and tap it on hand, then table.



**7** Switch hands and grab the bottom of the cup.



**8** Hit the table with your free hand.



**9** Set the cup down on the table. Repeat.

